# **CLASS SPECIFICATION County of Fairfax, Virginia**

**CLASS CODE**: 3653

TITLE: MENTAL HEALTH SUPERVISOR/SPECIALIST

**GRADE**: S-26

#### **DEFINITION:**

Under general clinical and administrative direction, serves as a first-level supervisor, providing direction to a group of professional therapists in the implementation of a specific service or in a residential setting; OR coordinates an agency-wide support function with clinical orientation; OR serves as a therapist assigned to Emergency Services or the Mobile Crisis Unit; and performs related work as required.

# **DISTINGUISHING CHARACTERSTICS OF THE CLASS:**

The Mental Health Supervisor/Specialist differs from the MH/MR/ADS Senior Clinician in that the Mental Health Supervisor/Specialist functions as a first-level supervisor over a group of professional therapists, which may include facility management, or as a certified therapist assigned to Emergency Services or the Mobile Crisis Unit, whereas the MH/MR/ADS Senior Clinician functions as a licensed/certified primary therapist in a designated area which requires a broad range of clinical expertise.

The Mental Health Supervisor/Specialist differs from the Mental Health Manager in that the Mental Health Supervisor/Specialist functions as a first-level supervisor over a group of professional therapists, which may include facility management, or as a certified therapist assigned to Emergency Services or the Mobile Crisis Unit, whereas the Mental Health Manager is responsible for administering a direct service program within a major service area, or an agency-wide support function with clinical orientation.

#### **ILLUSTRATIVE DUTIES:**

Provides staff supervision for all clinical aspects of the program;

Plans, assigns, and reviews work of team members;

Interviews and selects candidates for various positions;

Performs complex evaluations and makes independent diagnoses using Diagnostic and Statistical Manual of Mental Disorders;

Provides individual, family and group treatment;

Maintains a caseload of diverse, complex, and high-risk clients;

Develops treatment plans and adapts treatment interventions and approaches;

Provides assessment and treatment services to clients presenting a wide variety of emotional, social, and mental disorders over a range of severity;

Consults with professionals on a variety of problems including delivery of needed services for clinically complex cases;

Provides liaison to community agencies to facilitate communication and service provision for clients requiring multiple services;

Evaluates clients whose lives may be in substantial and imminent danger or who may pose an imminent, substantial risk to the lives and safety of others;

CLASS CODE: 3653

TITLE: MENTAL HEALTH SUPERVISOR/SPECIALIST

**GRADE:** S-26

Page 2

Recommends and coordinates Emergency Custody Orders;

Responds to high-risk hostage/barricade situations;

Responds to public safety personnel who have been exposed to psychologically traumatic events in the course of duty;

Develops and implements program activities and services, including training and educational activities;

Under direction, develops and implements a specialized program which is designed to maximize the effectiveness and efficiency of service provision;

Supervises day-to-day program operations;

Promotes awareness of program services through presentations;

Develops and monitors program's policies and procedures;

Facilitates voluntary or involuntary hospitalization of high-risk clients;

Ensures that program is in compliance with applicable federal, state, and local policies, regulations, and statutes;

Mediates and facilitates inter-and intra-program issues needing a systems perspective;

Plans, recommends, and executes quality initiatives related to mental health standards;

Monitors and analyzes the impact of psychotropic medication on client's functioning and mental status;

Provides risk assessments for dangerousness to self and others;

Provides crisis stabilization and crisis management;

Ensures that facility is maintained and in good operating condition.

## REQUIRED KNOWLEDGE, SKILLS, AND ABILITIES:

Extensive knowledge of the principles, theories, and methods of the psychological and social development of the individual;

Thorough knowledge of intake procedures, social history development, and interviewing techniques;

Thorough knowledge of major schools of treatment of emotionally and socially disturbed individuals:

Knowledge of psychiatric, psychological, and/or sociological terminology and concepts;

Knowledge of clinical supervisory methods and techniques;

Knowledge of federal, state, and county laws regarding Emergency Custody Orders, Temporary Detention Orders, and involuntary commitment;

Ability to conduct mental health assessments and apply treatment approaches/modalities;

Ability to formulate diagnoses;

Ability to diagnostically interpret data obtained from psychological test results, social histories, and interviews;

Ability to prepare, produce, and conduct program presentations;

Ability to develop, implement, manage, and evaluate programs;

Ability to supervise and train service professionals;

Ability to conduct performance evaluations and implement personnel procedures;

Ability to function independently in high-stress situations;

Ability to develop and maintain effective working relationships with subordinates, co-workers, public and private sector organizations, community groups, and the general public;

CLASS CODE: 3653

TITLE: MENTAL HEALTH SUPERVISOR/SPECIALIST

**GRADE:** S-26

Page 3

Ability to successfully perform as a team leader/member;

Ability to communicate effectively, both orally and in writing.

#### **EMPLOYMENT STANDARDS:**

Any combination of education, experience, and training equivalent to the following:

Graduation from an accredited college or university with a master's degree in psychology, social work, or a related field; PLUS

Three years of related professional experience; OR

Graduation from an accredited college or university with a doctoral degree in psychology, social work, or a related field.

## **CERTIFICATES AND LICENSES REQUIRED:**

Valid Motor Vehicle Driver's license with fewer than six demerit points (or equivalent in another state) at time of appointment and maintained throughout employment with CSB, for positions in residential programs;

MANDT Certifications within six (6) months of appointment and annually thereafter, for positions in CSB residential services;

First Aid and CPR certification within 90 days of appointment and maintained throughout CSB employment, for positions in residential programs;

Medication Administration Assistance Certification within 90 days of appointment, for positions in residential programs.

# **NECESSARY SPECIAL REQUIREMENTS:**

Criminal background record check;

TB screening upon hire and annually thereafter.

REGRADED: July 8, 2006 REISSUED WITHOUT CHANGE: July 18, 2000 REVISED: June 26, 2000

ESTABLISHED: Julie 20, 2000

May 23, 2000